



November 2010

Special Events & Highlights for the Month!

- **Election's Held**
- **Membership Committee**
- **Platform I**
(Black Dollars Month)
- **Sisterhood Event**
- **Standards Committee**

Soror, here are some helpful tips for you and your family in order to stay healthy during this cold and flu season.

- * Wash your hands frequently.
- * Drink plenty of fluids
- * Get plenty of sleep
- * Eat lots of dark green, red and yellow vegetables to boost you immunity
- * Get a flu shot



SUN	MON	TUE	WED	THU	FRI	SAT
	1 <u>Executive Board</u> 6:30 pm	2	3	4	5	6
7 Sisterhood Event Book Club Meeting @ the home of Soror Lynette Mitchell 3:00 pm	8	9	10	11	12	13
14 <u>Social Committee Meeting</u> @ the home of Soror Elva Wheeler 3:00 pm	15	16	17	18	19	20 <u>Chapter Meeting</u> <i>Chapter Elections Held</i> <u>Platform III</u> 2:00 pm Hapeville Assisted Living Facility This event is opened to the public if invited by a Phi Tau Omega chapter member
21	22	23	24	25	26	27
28	29	30				

